Westmorland & Furness
Carer Support Service

Training to support you and your team to identify and support carers



Training can focus on identifying and supporting adult and/or young carers, and can be delivered in and tailored to the setting you work in.

Carer Awareness Training

Helps People To:

- Become Carer Champions
- Understand who carers are
- Recognise the challenges carers face
- Learn what support is available
- Build confidence to recognise a hidden carer
- Signpost and refer

Who Should Attend?

This training would be ideal for:

- Staff teams
- Community groups
- Professionals working in Health and Social Care
- Professionals working in Education

What Will You Learn?

You will learn:

- What defines a carer
- The impact caring can have on wellbeing, finances, work & relationships
- How to identify hidden carers
- How to refer them to us for support

Get in touch

Telephone: **01539 457525**
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Website: **www.wfcarers.org.uk**

n|compass
towards a brighter future

Westmorland & Furness Council

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